

**W<sup>m</sup> Michael Tandy, PhD**  
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## LICENSES

Psychologist licenses in the State of Idaho, PSY 202581 on March 21, 2011  
Psychologist licensed in the State of California, PSY 22701 on March 12, 2009  
Psychologist licensed in the State of Washington, PY 3804 on December 21, 2007

## EDUCATION

*Awarded* Doctor of Philosophy in Clinical Psychology, June 9, 2007  
Magna cum Laude  
Seattle Pacific University, Seattle, WA  
Title of dissertation: *Service Learning, Social Interest, and Initial Adjustment to College.*  
Dissertation Advisor: John W. Thoburn, Ph.D., ABPP

### **Graduate and Undergraduate Education:**

*Awarded* Master of Arts in Clinical Psychology, June 10, 2004  
Seattle Pacific University, Seattle, WA  
*Awarded* Master of Science in Education, Counseling/Research Methodology, August 31, 1977  
Indiana University, Bloomington, IN  
*Awarded* Arts Baccalaureate in Philosophy, May 21, 1972  
Indiana University, Indianapolis, IN

## CLINICAL EXPERIENCE

Currently I have clinic hours at Treasure Valley Psychological Services and see residents at Life Care Treasure Valley in Boise, ID. I also consult with the Department of Mental Health in Oregon, and pending funding have a consultation agreement with California DMH and DOC. I have originated DBT programs at Atascadero State Hospital and Portland - Oregon State Hospital, and consulted to start programs in Patton, Napa, and Metro in California state hospitals and Salem - Oregon State Hospital.

I am pursuing certification from the American Board of Professional Psychology (ABPP) in Clinical Psychology, and belong to the American Psychological Association (APA), including the Clinical Psychology Division (12), and the Idaho Psychological Association (IPA).

My clinical practice involves Behavioral Analysis, Cognitive Behavior Therapy, Dialectical Behavior Therapy, and Biofeedback and Exposure. I specialize in Personality Psychology and difficult cases. My case formulation begins with the personality exhibiting the presenting problem, or in an organization the system exhibiting the dysfunction. I practice Motivational Interviewing to establish a therapeutic alliance, a behavioral framework for the presenting problem and object relations for insight.

**Michael Tandy, PhD, LLC**

1012 East McKinley Street, Boise, ID 83712

**Originally Snohomish Psychology Associates, established in Seattle, WA**

1721 Hewitt Avenue, Suite 416, Everett WA 98201

June 2007-Present

Senior Founding Psychologist

Web address: <http://snohomishpsychologyassociates.com>

My individual practice focuses on systems psychology, personality issues and the developing concerns of adults. My work centers on relationship disruption using structural and functional behavioral analysis. I use Dialectical-Behavior Therapy (DBT) and other Cognitive Behavioral Therapy (CBT) interventions along with mindfulness practices, Exposure Therapy, and Motivational Interviewing. My case formulation is intended to inform the behavioral function and lead to prevention strategies; this will most be evident with individual clients during hypothesis building and with groups during psycho-education or process.

I have a consulting practice involving organizational settings. The objectives of these consultations are an improved therapeutic milieu, a more satisfying and productive workplace, and more focused and effective prevention/intervention strategies. I consult with hospitals attempting to manage difficult patients, staff dealing with compassion fatigue, milieu management, and develop specific treatment modalities. Currently consulting with Oregon State Hospitals at Portland, Salem and Pendleton and California Hospitals at Napa, Patton, Atascadero and Metro.

**Atascadero State Hospital (ASH)**

Atascadero, CA

March 2008-August 2011

Senior Supervising Psychologist (Health Facility, Specialist)

ASH houses the most violent forensic patients in California, I developed the training and management program for the Enhanced Treatment Unit to treat the patients with the most frequent assaults at ASH. This Unit was opened upon my departure from ASH.

As Director of the Therapeutic Milieu Enhancement Team (TMET), I provide consultation to treatment and admission units regarding the standard of care. My team and I mentor staff and support their efforts to provide a therapeutic milieu. Within TMET, I manage the delivery of

Dialectical Behavior Therapy (DBT), Motivational Interviewing (MI), and Narrative Restructuring Therapy (NRT). Previously I functioned as Team Leader for Positive Behavior Support (PBS); working to manage risk of danger to self or danger to others at California's maximum security forensic hospital. In this role I consult with unit psychologists and unit staff in functional and structural behavioral analysis, diagnostic clarification, training and monitoring staff in behavioral interventions, data collection and analysis, and reporting to Department of Justice monitors. I found the maintenance of PBS plans to be ineffective and developed the current TMET program in response.

Accomplishments included introduction, design, and delivery of DBT to Mall Group Services, and development of a dedicated unit for PBS and DBT to serve patients at risk for self-harm. I consult with pre-licensed psychologist regarding preparation for the Examination for Professional Practice in Psychology (EPPP), the national boards, and California Psychology Supplemental Examination (CPSE), the state license. I also serve on the Credentialing Committee for those applying for privileges at ASH and Peer Review Committee for licensed psychologists, proctor new psychologists during their first year of civil service and precept interns during their internship placement.

### **Seattle Pacific University**

Seattle, WA

January 2008-March 2008

I taught Abnormal Psychology to undergraduate students. Several of these students still consult with me and have asked for references as they pursue psychology careers. I helped colleagues prepare behavioral psychology and personality psychology curriculum, these are areas of interest for me.

### **Meier Clinics of Seattle**

Seattle, WA

June 2007-February 2008

I offered organizational consultation in the Puget Sound Region. This involved assessment, group sessions directed at psycho-educational, processing, and treatment and consultation.

Therapy sessions with outpatients and intensive day program patients using object relations developed hypothesis, cognitive-behavioral interventions, and Dialectical Behavior Therapy. I also consulted with the program psychiatrist for medication management and compliance.

Individual patients included: cognitive disorders, illness due to a medical condition, substance related disorders, psychotic disorders, mood disorders, anxiety disorders, adjustment disorders, and personality disorders. The patients were members of a 3-week intensive day program or outpatients.

**Clinical Internship – Meier Clinics of Seattle**

Seattle, WA

July 2006-June 2007

My therapy sessions included outpatients and intensive day program patients. Supervision included cognitive-behavioral therapy, object relations based hypothesis, and Dialectical Behavior Therapy interventions.

Individual patients included: cognitive disorders, illness due to a medical condition, substance related disorders, psychotic disorders, mood disorders, anxiety disorders, adjustment disorders, and personality disorders. The patients were members of a 3-week intensive day program or outpatients.

Group sessions included: psycho-educational sessions, processing session, and treatment team consultation.

Consultation with support/accountability groups for patients, and contracted services with regional organizations.

Assessment for diagnostic clarification and treatment planning included:

Kinetic House-Tree Person Drawings (*K-H-T-P*)

Minnesota Multiphasic Personality Inventory (*MMPI-2*)

Screening Test for the Luria-Nebraska – Form A (*ST-LNNB-A*)

Trail Making Test A&B, Oral and Written Versions (*TMT-A&B*)

Wechsler Adult Intelligence Scale-III (*WAIS-III*)

Word Memory Test (*WMT*)

Woodcock-Johnson III (*WJ-III*)

Clinical Supervisor: **Daniel D. Hartman Psy.D.**

**Advanced Clinical Practicum: Monroe Correctional Complex – Special Offenders Unit for Mentally Ill Offenders**

Monroe, WA

July 2005 – June 2006

Consultation for the development of Treatment Community with Cognitive Behavioral and Dialectical Behavioral Therapy for inmates referred for diagnosis, or rule out of malingering. Therapy sessions in Special Offenders Unit for Mentally Ill Offenders

Individual therapy clients included: cognitive disorders, illness due to a medical condition, substance related disorders, psychotic disorders, mood disorders, anxiety disorders, somatoform disorders, factitious disorders, dissociative disorders, sexual identity disorders, adjustment disorders, and personality disorders.

Group therapy included development and delivery of a cognitive-behavioral change curriculum for addictive disorders, and a process group.

Psychological assessment for diagnostic clarification, treatment planning, and the Indeterminate Sentencing Review Board were conducted in Special Offenders Unit for Mentally Ill Offenders, Twin Rivers Unit for Sexual Offenders, General Population, and Segregation Units included:

Beck Depression Inventory (*BDI*)

Beck Suicidality Scale (*BSS*)  
Brief Intellectual Average (*BIA*) from the Woodcock-Johnson III (*WJ-III*)  
Brief Psychiatric Rating Scale (*BPRS*)  
Controlled Oral Word Association Test (*COWAT*)  
Kinetic House-Tree Person Drawings (*K-H-T-P*)  
Level of Service Inventory, Revised (*LSI-R*)  
Luria-Nebraska Neuropsychological Battery (*LNNB-A*)  
Millon Clinical Multiaxial Inventory (*MCMI*)  
Mini Mental Status Exam (*MMSE*)  
Minnesota Sex Offender Screening Tool, Revised (*MnSOST-R*)  
Minnesota Multiphasic Personality Inventory (*MMPI-2*)  
Personality Assessment Inventory (*PAI*)  
Psychopathy Checklist, Revised (*PCL-R*)  
Rapid Risk Assessment of Sex Offender Recidivism (*RRASOR*)  
Raven Standard Progressive Matrices (*RSPM*)  
Screening Test for the Luria-Nebraska – Form A (*ST-LNNB-A*)  
Structured Interview of Reported Symptoms (*SIRS*)  
The Test of Memory Malingering (*TOMM*)  
Trail Making Test A&B, Oral Version (*TMT-A&B*)  
Violence Risk Assessment Guide (*VRAG*)  
Wechsler Adult Intelligence Scale-III (*WAIS-III*)  
Wechsler Intelligence Scale for Children-IV (*WISC-IV*)  
Wide Range Achievement Test -3 (*WRAT3*)  
Woodcock-Johnson III (*WJ-III*)  
Word Memory Test (*WMT*)

Clinical Supervisors: Keri Clark, Ph.D. and Faulder Colby, Ph.D.

**Clinical Practicum: Fairfax Hospital – Inpatient Psychiatric Facility**

Seattle, WA

July 2004 – June 2005

Therapy sessions in Adult and Adolescent Units using object relations and cognitive-behavioral approaches.

Individual therapy clients included: cognitive disorders, illness due to a medical condition, substance related disorders, psychotic disorders, mood disorders, anxiety disorders, adjustment disorders, and personality disorders.

Group therapy clients in psycho-educational and process groups open to all residents.

Psychological assessment and integrated reports in Adult Unit included:

Minnesota Multiphasic Personality Inventory (*MMPI-2*)  
Millon Clinical Multiaxial Inventory (*MCMI*)  
Wechsler Adult Intelligence Scale-III (*WAIS-III*)  
Wechsler Intelligence Scale for Children-IV (*WISC-IV*)  
Kinetic House-Tree Person Drawings (*K-H-T-P*)

Psychological assessment and integrated reports in Adolescent Unit include:

Minnesota Multiphasic Personality Inventory-Adolescents (*MMPI-2*)

Millon Adolescent Clinical Inventory (*MACI*)

Wechsler Intelligence Scale for Children-IV (*WISC-IV*)

Kinetic Family Drawings (*K-F-D*)

Clinical Supervisors: O'Donnell Day, Ph.D. and Jay Shapiro, Ph.D.

## RESEARCH

Thoburn, J., **Tandy**, W. M., Bentley, J., & Stewart, A. (2007). Crossroads in family and disaster psychology. *The Family Psychologist*, 23(2), 4-7.

**Tandy**, W. M., Cocoli, E., Emerson, L.A. & Perez, J.D. (2005, August). Altruism: An investigation of altruistic behavior in bone marrow donation. Poster session presented in Division 9 at the annual meeting of the American Psychological Association, Washington, DC.

Cocoli, E., **Tandy**, W. M., Thoburn, J. Mattaino, A., & Melton, C. (2004, July). *Differentiation of self through differentiation to self: A proposed psychoaffective-epigenetic model*. Poster session presented in Division 43 at the annual meeting of the American Psychological Association, Honolulu, HI.

Thoburn, J., Mattaino, A., Melton, C., Kennedy, M., Cocoli, E. & **Tandy**, W. M. (2004, July). *Romantic imprinting and secondary attachment in mate selection*. Paper presented in Division 43 at the annual meeting of the American Psychological Association, Honolulu, HI.

## PRESENTATIONS

**Tandy**, W. M. (2011, March). Dialectical Behavior Therapy in a Forensic Setting. Presentation at the Forensic Mental Health Conference of California, Seaside, CA.

Thoburn, J., **Tandy**, W. M. & Bentley, J. (2006, June). *The Intersection of Family Psychology and Disaster Psychology: A Systems Paradigm*. Paper presented in Division 43 of the American Psychological Association Annual Meeting, Cardiff, Wales.

## FUNDED TRAINING CONTRACTS

**Tandy**, W. M., Mauseth, K. M. (2010) Training Indigenous People in Field Traumatology and Compassion Fatigue. Port-au-Prince, Haiti. PsyCorp, Training is ongoing through phone consultation and staff visits. \$1000.

**Tandy**, W. M. (2010- 2014). Training and Consultation to Oregon's Three State Hospitals, funded by the State of Oregon. Funding renewed annually, currently \$100,000.

## **DISTINCTIONS**

Guernsey Award Honorable Mention	2003
Graduate Union Representative from Clinical Psychology	2005-6
Core Member of PsyCorp – Psychology Support International	2005-8
Red Cross Mental Health – Hurricane Katrina	2005
Dialectical Behavioral Therapy Certification	2006
Flexible Psychological First Aid	2006
Critical Incident Stress Management: Group Crisis Intervention	2006
Consultant to Behavioral Tech Research in program development	2006-present
HIV/AIDS Certification	2007
Volunteer Field Traumatology and Compassion Fatigue – Haiti	2010
Award for Sustained Superior Achievement from ASH	2011
Candidate for board certification through American Board of Professional Psychology	2012

## Previous **WORK EXPERIENCE**

### **2000-2002**

#### **Alcohol Rehabilitation Specialist**

Division of Field and Community Services, Idaho Department of Corrections, Caldwell, Idaho. Counseled probationers and parolees in individual, group, and family settings. Developed and delivered programs for alcohol and drug abuse, cognitive-behavioral change, and anger management.

### **1983-1999**

#### **General Building Contractor**

Tandy Homes, Dallas, Texas

Owned and managed a homebuilding company that built homes under contract and on speculation ranging up to 6 million dollars. I designed and built the concrete concept home for 1997 National Home Builders Convention.

### **1977-1982**

#### **Private Counseling Practice**

W<sup>m</sup> Michael Tandy, M.S., Counselor

Bloomington, Indiana

Private clients were athletes and executives using cognitive-behavioral techniques aimed at performance enhancement and behavior management. Co-editor of training manual adopted by the state of Indiana and used by mental health para-professionals. Consultation and development of Wellness Program at Indiana University. Consultation and development of Pain Centers in Bloomington Hospital and Bedford Hospital.